

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# September 2018



## Senior Living Activities

**National Assisted Living Week 9<sup>th</sup>-15<sup>th</sup>**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Catholic Communion 10:30 Stretching <b>11:00 Labor Day Cookout</b> 2:00 Church Service 3:00 Movie & Snacks 6:30 Games (Meeting Room)	10:00 Morning Walk 10:30 News & Coffee 11:00 Adult Color Pages 1:30 Games in the Library 3:30 Front Porch Social 6:30 After Dinner Walk Labor Day	10:00 Sit and Be Fit 10:30 Trivia 11:00 Cross-n-Toss 1:30 Craft 3:00 Bingo (Quarters) 4:00 Three Cheers 6:00 Nail Design	10:00 Exercise 10:30 Jokes <b>11:30 Fazoli's</b> 3:00 Ladybug Visits 3:00 Decorating Diva 5:30 Wednesday Walking Club w/ Sherrie <i>(Track your steps or time for monthly prizes)</i>	10:00 Sit and Be Fit 10:30 Trivia 11:00 Pokeno 1:30 Rachel Ray 3:00 Bingo (Quarters) 4:00 Three Cheers 6:00 Crossword Puzzles	10:00 Exercise 10:30 Mind Games 11:30 <b>First "Craft" Friday at Hilliard YMCA</b> 1:30 Van Ride <b>3:30 Scott Steelman-Entertainment</b> 6:30 After Dinner Walk	<b>8:30 Wellness Clinic</b> 10:30 Chair Volleyball 11:00 Today's News & Coffee 1:30 Euchre Club 3:00 Bingo (Quarters) 6:30 Visit a Neighbor- <i>(Share 3 &amp; Discover 3 new things about them)</i>
10:00 Catholic Communion 10:30 Stretching 11:00 Morning Walk 2:00 Church Service 3:00 Movie & Snacks 4:00 Knit & Crochet Club Grandparents Day	10:00 Exercise 10:30 Chat Pack 11:00 Pokeno <b>1:30 Target</b> <b>3:30 Hilliard Library &amp; Cafe</b> 5:30 Euchre Club Rosh Hashanah	<b>9:00 9/11 Memorial Trip</b> 10:30 Short Stories <b>11:00 Sip &amp; Paint</b> 3:00 Bingo (Quarters) 4:00 Three Cheers 6:00 Nail Design	10:00 Exercise <b>10:30 Columbus Zoo</b> 3:00 Ladybug Visits 3:30 Adult Color Pages 4:30 Front Porch Social 5:30 Wednesday Walking Club w/ Sherrie <i>(Track your steps or time for monthly prizes)</i>	10:00 Sit and Be Fit 10:30 Short Stories <b>11:00 Scavenger Hunt</b> 3:00 Bingo (Quarters) 4:00 Three Cheers 6:00 Adult Color Pages	10:00 Zumba Gold w/Cheryl 10:30 Jokes 11:00 Pictionary <b>1:30 Van Ride &amp; DQ</b> <b>3:30 Scott Brooks-Entertainment</b> 6:30 After Dinner Walk	10:00 Stretching 10:30 Chair Volleyball 11:00 Today's News & Coffee 1:30 Euchre Club 3:00 Bingo (Quarters) 6:30 Visit a Neighbor- <i>(Share 3 &amp; Discover 3 new)</i>
10:00 Catholic Communion <b>11:00 Sunday Brunch</b> 11:00 Morning Walk 2:00 Church Service 3:00 Movie & Snacks 6:30 Games (Meeting Room)	10:00 Exercise 10:30 Mind Games 11:00 Pictionary <b>1:30 Dollar Tree</b> 3:30 Front Porch Social 6:30 Games-at the front desk	10:00 Sit and Be Fit 10:30 Hangman 11:00 Yahtzee <b>1:30 Menu Planning</b> 3:00 Bingo (Quarters) 4:00 Three Cheers 6:00 Nail Design	10:00 Exercise 10:30 Word Scramble <b>11:30 KFC</b> <b>3:00 Welcome Party</b> <b>3:30 Bible Study</b> 5:30 Wednesday Walking Club w/ Sherrie <i>(Track your steps or time for monthly prizes)</i> Yom Kippur	10:00 Sit and Be Fit 10:30 Mind Games 11:00 Euchre Club 1:30 Cook w/ the Chef 3:00 Bingo (Quarters) 4:00 Three Cheers 5:00 <b>Family Night "Tailgate Party"</b>	10:00 Exercise 10:30 Trivia 11:00 Cross-n-Toss <b>1:30 Van Ride</b> <b>3:30 Don Coe-Entertainment</b> 6:30 After Dinner Front Porch Social	<b>10:00 Opening Ceremony</b> 10:30 1 <sup>st</sup> Walk 12:00 Chair Massages 12:30 Bake Sale 3:00 Bingo 4:00 Hot Potato Game 5:00 2 <sup>nd</sup> Walk <b>6:00 Closing Ceremony</b> Autumn Begins Oktoberfest Begins
10:00 Catholic Communion 10:30 Stretching 11:00 Morning Walk 2:00 Church Service 3:00 Movie & Snacks 6:30 Games (Meeting Room)	10:00 Exercise 10:30 Word Scramble 11:00 Euchre Club <b>1:30 Kroger's</b> <b>3:30 Resident Council in Activity Room</b> 5:30 Euchre Club Sukkot	10:00 Sit and Be Fit 10:30 Trivia 11:00 Cornhole <b>1:30 Event Planning</b> 3:00 Bingo (Quarters) 4:00 Three Cheers 6:00 Nail Design	10:00 Exercise 10:30 Hangman <b>11:30 Max &amp; Erma's</b> 3:00 Ladybug Visits <b>3:30 Birthday Party</b> 5:30 Wednesday Walking Club w/ Sherrie <i>(Track your steps or time for monthly prizes)</i>	10:00 Sit and Be Fit 10:30 Poems 11:00 Jeopardy <b>1:30 Speaker Series</b> 3:00 Bingo (Quarters) 4:00 Three Cheers 6:00 Word Searches	10:00 Exercise 10:30 Match-a-Phrase <b>11:00 Prayer Luncheon</b> <b>1:30 Van Ride</b> <b>3:30 Jack Fox-Entertainment</b> 6:30 After Dinner Front Porch Social	10:00 Stretching 10:30 Chair Volleyball 11:00 Today's News & Coffee 1:30 Adult Coloring Pages 3:00 Bingo (Quarters) 6:30 Visit a Neighbor- <i>(Share 3 &amp; Discover 3 new)</i>
10:00 Catholic Communion 10:30 Stretching 11:00 Morning Walk 2:00 Church Service 3:00 Movie & Snacks 4:00 Book Club- Review Day 1; Receive Day 2	<p><i>"Every day may not be a good day but..... There is good in every day."</i></p>					